

# Dish

July 2019

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**Happy  
Fourth of July!**

Be sure you have  
everything you need to  
celebrate in style!

# Layered Strawberry & Blueberry Cake

## CAKE:

- 1/2 cup HT Butter, softened
- 1 cup HT Sugar, divided
- 2 large egg yolks
- 1 tsp. HT Vanilla Extract
- 2 tsp. grated lemon zest
- 2 cups cake flour
- 2 tsp. HT Baking Powder
- 1/4 tsp. salt
- 1/3 cup Almond Breeze Unsweetened Almond Milk
- 1/4 cup lemon juice
- 4 large egg whites

## FILLING:

- 1 cup chopped fresh strawberries
- 1 cup fresh blueberries
- 3 Tbsp. sugar
- 3 cups whipped cream
- strawberries; garnish
- blueberries; garnish

Grease two 9 inch round baking pans and set aside. In a large bowl, mix butter and 3/4 cup sugar. Add egg yolks, vanilla and lemon zest; mix well. Combine flour, baking powder and salt; add to creamed mixture alternately with milk and lemon juice. In another bowl, beat egg whites on medium speed until soft peaks form. Beat in remaining sugar, 1 tablespoon at a time, on high until stiff glossy peaks form. Fold into batter. Pour into pans. Bake at 350° for 25 minutes or until a toothpick comes out clean. Cool for 10 minutes before removing from pans to wire racks. Cool cakes completely. In a bowl, combine the chopped strawberries, blueberries and sugar; let stand for 30 minutes. Place one cake layer on a serving plate; top with berries and half of the cream mixture. Top with the remaining cake and cream mixture. Garnish with berries.

Selected Varieties; 32 fl. oz.

Almond Breeze

Almond Milk

**2/\$6**



Selected Varieties; 10 oz.  
**Manitoba Harvest**  
**Granola**

**4.99**



25.4 fl. oz.  
**Kitu**  
**Super Vanilla**  
**Creamer**  
**2/\$6**



10 oz.  
**The Jackfruit Company**  
**Jackfruit Ripe**  
**4.99**



12 fl. oz.  
**Just Egg**  
**Plant Based**  
**Scramble**  
**8.99**



Selected Varieties; 10 oz.  
**Barney Butter**  
**Almond Butter**  
**8.99**



13 oz.  
**Melt Organic**  
**Rich & Creamy**  
**Melt Spread**  
**3.99**



Selected Varieties; 17 oz.  
**Three Bakers**  
**Bread**  
**5.79**



6 oz.  
Old Bay  
Original Seasoning

**3.99**



Selected Varieties; 12 oz.  
The New Primal  
Paleo Sauces

**6.99**



Selected Varieties; 5 fl. oz.  
Cholula  
Hot Sauce

**2/\$6**



Selected Varieties; 12 oz.  
Crosse & Blackwell  
Seafood Sauces

**2/\$4**



24 oz.  
Organicville  
Organic Ketchup

**4.99**



Selected Varieties; 8 fl. oz.  
Maple Grove Farms  
Dressing

**2.69**



12. oz.  
**Marukan**  
**Ponzu Soy**  
**Dressing**  
**3.99**



Selected Varieties; 12.3 to 15 oz.  
**Patak's**  
**Simmer Sauce**  
**2/\$7**



32 fl. oz.  
**O Olive Oil Organic**  
**Apple Cider Vinegar**  
**7.49**



Selected Varieties; 8.8 oz.  
**Tasty Bite**  
**Rice**  
**2.49**



10 to 14 oz.  
**Nature's Earthly Choice**  
**Italian**  
**Pearled Farro**  
**or Milled Flax**  
**5.29**



8 oz.  
**Nature's Earthly Choice**  
**Hemp Seed**  
**6.99**



12 oz.  
**Nature's Earthly Choice**  
**Quinoa or**  
**Tri-Colored Quinoa**  
**5.99**



All items priced with VIC Savings Card



Selected Varieties; 16 oz.  
Desert Pepper  
Salsa

**2.99**



12 oz.  
Xochitl Patriotic  
Tortilla Chips

**2/\$7**



Selected Varieties; 8 oz.  
Karma Nuts  
Cashews

**6.99**



Selected Varieties; 7 oz.  
Bhuja  
Snacks

**2/\$6**

GLUTEN FREE



Selected Varieties; 24 oz.  
Suckerpunch  
Pickle Spears

**6.49**



Selected Varieties; 7 oz.  
Tate's Bake Shop  
Cookies

**5.29**





## *Crab and Shrimp Cakes*

1/2 cup HT Mayonnaise  
2 eggs; beaten  
2 Tbsp. dijon mustard  
1 shallot  
1 tsp. salt

1/8 tsp. cayenne pepper  
1/2 lb. cooked shrimp, chopped  
2 cans crab meat, drained  
4 oz. Dare Breton crackers, crumbled



Selected Varieties; 8 to 8.8 oz.

**Dare Breton or  
Grainsfirst Crackers**

**2.99**

Combine mayonnaise, eggs, and mustard. Add shallot, salt, and cayenne. Fold in shrimp and crabmeat, and Breton crackers. Shape into disks and sauté for 12 minutes or until golden brown.

Courtesy of [www.darefoods.com](http://www.darefoods.com)

Selected Varieties; 4-6.7 fl. oz.

Q Drinks  
Beverages

**4.99**



Selected Varieties; 59.2 fl. oz.

Jose Cuervo  
Margarita Mixers

**7.49**



Selected Varieties; 4-12 fl. oz.

Barritt's  
Ginger Beer

**6.99**



12 fl. oz.

Stirrings  
Dirty Martini Mix  
or Simply Syrup

**5.49**



Selected Varieties; 25.4 fl. oz.

Stirrings  
Cocktail Mixers

**7.49**



4-12 fl. oz.

Ale-8-One  
Ginger Ale

**4.79**



25.3 fl. oz.

Gerolsteiner  
Sparkling  
Apple Drink

**2.69**



6-16.9 fl. oz.

Gerolsteiner  
Mineral Water

**6.99**



25.3 fl. oz.

Gerolsteiner  
Mineral Water

**1.79**



All items priced with VIC Savings Card

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